



Clean Air At Home Program Virtual Home Assessment

Do you or a loved one struggle with asthma, COPD or another chronic lung disease? Your home environment plays a crucial role in your lung health. A home assessment may be helpful to improve your indoor air quality and reduce your lung disease symptoms.



The American Lung Association is offering **FREE**, virtual home assessments and supplies to low-income residents in the state of Oregon.

What is a home assessment?

A Lung Health Navigator will virtually walk with you through your home and ask you questions about your lung disease. They will identify lung disease triggers and suggest actionable steps to improve the indoor air quality.

Addressing lung disease triggers has many benefits, including increased confidence in managing your lung disease, reduced lung disease symptoms, and more.

All participating households will receive:

- FREE supplies to improve indoor air quality
- A personalized action plan outlining steps to cleaner indoor air
- Resources and education to better manage your lung disease

*Select households will receive additional home repair services and supplies.

Eligibility

- Household income is below average for your area.
- At least one household member has a chronic lung disease such as asthma or COPD.
- Resides in one of the following counties: Coos, Curry, Douglas, Josephine, Jackson, Klamath, Deschutes, Jefferson, Wasco, Sherman, Lake, Crook, Wheeler, Gilliam, Harney, Grant, Morrow, Umatilla, Malheur, Baker, Union or Wallawa.

How do I sign up for a visit?

Fill out the interest form at [Lung.org/or-home-visit](https://www.lung.org/or-home-visit).

You can also contact one of the American Lung Association's Lung Health Navigators today at **866-252-2959** or HelpLineInfo@Lung.org.